**DONNING MASKS**

1. **WASH HANDS**
   - Wash hands with soap and water for 20 seconds OR use a >60% alcohol-based hand rub before donning (putting on) mask.

2. **CHECK MASK**
   - Check which side is the “inside” and “outside” of mask. If needed, use a marker to mark the “inside” and “outside” of mask.

3. **PUT MASK ON**
   - Carefully put mask on without touching face, nose, or mouth.

4. **MASK PLACEMENT**
   - Mask must cover mouth and nose! Adjust the mask to fit.

5. **DON’T TOUCH MASK**
   - Avoid touching the mask when it's on! If you do touch mask, repeat Step 1.

**DOFFING MASKS**

1. **WASH HANDS**
   - Wash hands with soap and water for 20 seconds OR use a >60% alcohol-based hand rub before doffing (taking off) mask.

2. **REMOVE CAREFULLY**
   - Avoid touching the front or inside of the mask. Virus particles may be present on either side.

3A. **STORE AND WASH**
   - Washable mask: Put mask into a disposable or cleanable bag or container. Launder in the washing machine. Store mask in container while not wearing. Wash mask daily.

   **OR**

3B. **DISPOSE**
   - Disposable mask: Throw away immediately into trash.

4. **WASH HANDS**
   - Wash hands with soap and water for 20 seconds OR use a >60% alcohol-based hand rub after taking off mask. If you do touch mask, rewash your hands.